Matnat Chaim

Donating Kidneys with Love



A Message from Rabbanit Rachel Heber
President of Matnat Chaim



Greetings.
"And it is this that has stood by our ancestors and us, for more than one has risen up against us to destroy us"

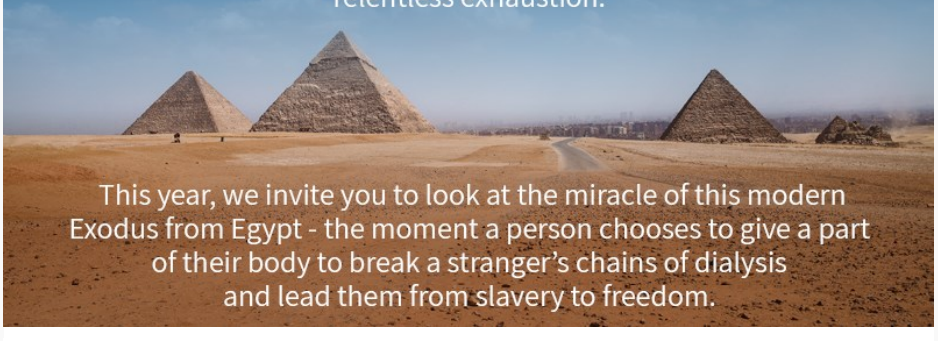
As we approach the days of Passover, the holiday of freedom, we find ourselves in a particularly complex time. Our people are going through challenging days - days of war, hours of tension, and feelings of worry. But at the same time, our strength, faith, and unity are revealed in all their glory!
From within this reality, the meaning of deep inner freedom comes into sharper focus, expressing a preference for goodness and a desire to be messengers of life for others. At Matnat Chaim we are privileged to see this phenomenon take shape every single day: people who choose to sweeten the bitterness (Maror) by delivering the desperately ill from the straits of dialysis.
Even those who do not donate a kidney can become partners with Matnat Chaim by helping us continue our work of bringing hope and redemption to kidney patients.

Praying and hoping to witness the fulfillment of the words:
"But the Holy One, Blessed be He, saves us from their hands."
May we share only good news, and have a happy and kosher Pesach!

Rachel Heber

Being the messenger of freedom: This Year, We Set Them Free

"In every generation, a person is obligated to see themselves as if they had left Egypt" but for hundreds of kidney patients in Israel, "Egypt" is not a historical memory - it is a daily reality. It is modern-day slavery to the dialysis machine, to dietary restrictions, and to relentless exhaustion.

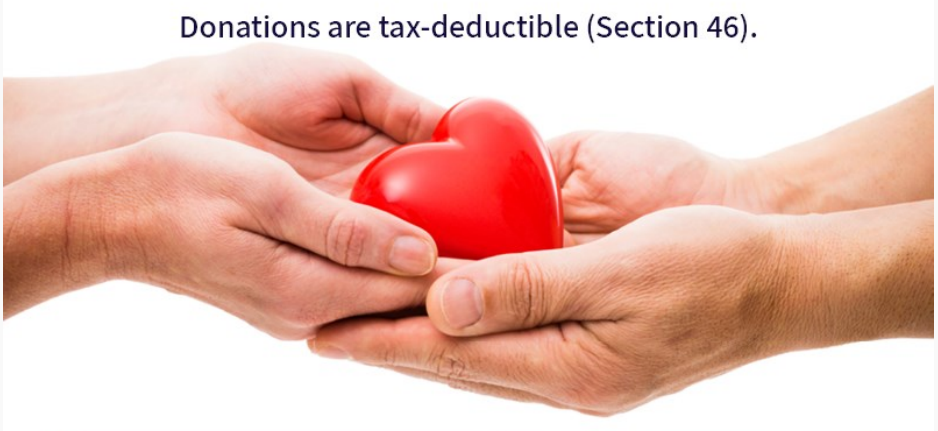


This year, we invite you to look at the miracle of this modern Exodus from Egypt - the moment a person chooses to give a part of their body to break a stranger's chains of dialysis and lead them from slavery to freedom.

Not everyone can donate a kidney, but everyone can become a partner

Were you moved by the donors' stories?
You too can be part of the next miracle and set a person free. Behind every transplant is an entire system of support, medical guidance, and logistics that operates thanks to your donations. Use the days of Passover to open your heart. Every donation, big or small, is another step toward the next life saved, and direct help for another person to achieve true freedom.

Donations are tax-deductible (Section 46).



For financial donations to support our work, click here >>

Voices of Freedom

The 'Exodus to Freedom' Podcast

Yitzhak Guetta:
People don't understand what the slavery of dialysis is. It means lying down for four hours, three times a week, while a machine does half the work of your body. I would come home completely wiped out. My daughter would come back from school, and my eyes would just close from exhaustion. I couldn't truly be a father to her. I was a prisoner to that fatigue.

Ronen Caro:
For me, the "slavery" was different. It was this nagging feeling in my head. I saw the Matnat Chaim brochures and asked myself, "Why aren't I one of those donors?" I felt I was at a stage in life where I had to do something big, beyond the regular volunteering I was already doing. I wanted to fulfill my body's purpose. When I walked into your room, I didn't see a sick person, I saw my mission being fulfilled.

Yitzhak Guetta:
In that moment, my life changed beyond recognition. Suddenly, I could move. Suddenly, I didn't have to calculate every glass of water or every hour of rest. I received something from you that is bigger than a kidney - I got back my faith in the goodness of humanity. I never thought the world was evil, but my childhood taught me that there are no "free gifts" and that you should always respect and suspect everyone simultaneously. Suddenly, I saw that there are people who give everything - removing an organ from their own body - without asking for anything in return, to a total stranger! It is a gift of a lifetime to get a glimpse of a Jew's true love for their fellow people (Ahavat Yisrael). What they talk about in books, I was privileged to see and understand with my own eyes for the first time in my life.

Ronen Caro:
I feel that I received a gift, too. For me, this giving isn't the loss of an organ, but an opportunity to gain meaning. The body is just a vessel for a mission, and the moment I understood that, medically, nothing was stopping me - a year later, I already found myself on Mount Kilimanjaro. On the last night, at minus 15 degrees Celsius, I almost broke. My guide asked me, "How are you able to do this?" because I was completely wiped out from the cold. I told him: "We have a mission". I disconnected from the physical pain and imagined myself at the summit wearing the "Matnat Chaim" shirt. I wanted to prove to the world that donating a kidney doesn't take life away, it doesn't "harm" your ability to take on challenges that even a person with two kidneys thinks twice about - quite the opposite. It gives life to the donor too, life and energy that allow them to do even greater things than they could before.

Yitzhak Guetta:
And at that same time, I got on a plane. A dialysis patient can't fly just like that. I flew to my son's wedding. I stood there and danced like crazy, as I wrote to you. If you hadn't given me a piece of yourself, I would have barely been able to sit there, or wouldn't have made it at all. That dance was my exodus to freedom. To anyone sitting in dialysis right now and waiting - believe. During those long hours we are forced to sit and let a machine do what our bodies can't, pick up the book of Psalms (Tehillim). Don't waste the time. And remember that miracles happen, and they come in the form of people who simply decide to be free (Bnei Chorin) and grant freedom to others.

Their freedom can begin with **one choice from you.**

Fill out the compatibility questionnaire and see if you can start the process of kidney donation in under 30 seconds.

Start the Questionnaire >>

Matnat Chaim | +972-2-5000755 | Nachum Hafzadi 17 Jerusalem

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